

THEHONKER



Newsletter of the South Okanagan Naturalists' Club

March 2010



Joan Poulsom SONC President 1972-74; 1982-83

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South Okanagan Naturalists' Club

Mailing Address: PO Box 23050, Penticton, BC, V2A 8L7 Website: http://www.members.tripod.com/~sonc/

Mission Statement:

"To provide a dynamic local focus for experiencing the natural world of B.C. and for promoting its conservation"

Membership: \$30 Individual \$40 Family (yearly – September to August)

- **Indoor meetings** are held on the 4th Thursday of the month, September to May (except for December) at 7:30 pm in the basement of the Penticton United Church, 696 Main Street (blue church on the corner of Main & Eckhardt). Please bring your own coffee mug ---- New members always welcome,
- Executive meetings are held on the 3rd Wednesday of the month. Please contact any Executive member if you wish to add an item to the agenda.
- Our **birding**, **wildflower**, **geology**, **social group** meets every Thursday in the north parking lot of Cherry Lane Mall (north of Warren Ave. and east of Atkinson St.) at 9:00 AM. Be prepared to car pool and offer a donation to the driver (\$3 for local trips and more for longer trips). Trips range from 'car birding' to easy strolls to moderate hikes. Bring a lunch and dress for the weather. Everyone welcome! For more info, please contact Joyce Hoglund 250-492-0512 or hoglundj@telus.net
- **Field Trips** are generally made in the spring and fall. A list of forthcoming trips will be placed in the Honker. Notify the trip leader of your intention to participate and inquire about trip duration, degree of difficulty and other requirements. Dress for the prevailing weather conditions, wear appropriate footwear, bring lunch and drinking water". Pets are NOT appropriate.
- BC Nature (formerly Federation of BC Naturalists) is our parent society. SONC is affiliated with Nature Canada & Okanagan Similkameen Conservation Alliance (OSCA)

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Newsletter Submission Dates:

The 15th of: January March June September and November We welcome any nature-related articles (about 1/2 page in length), artwork/photos (both cover art & smaller pieces), poems or cartoons.

Please recycle - pass the newsletter on to a friend

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South Okanagan Habitat Garden Jovce Hoglund

Thursday Birding: Charmaine Foster

(gramfos@shaw.ca); Joyce Hoglund

Front Cover: Joan Poulsom -see memorial elsewhere in this issue

PRESIDENT'S REPORT - MARCH 2010

I would like to start off with a heartfelt thanks. Thanks for all the hard dedicated work the past board has put in. Thanks to the elected board for letting your name stand and taking part in the running of our Club. And of course I would like to thank everyone in the club for support and coming out to ENJOY NATURE. Without meaning to single out any one person — I have to give thanks to Bob Handfield for his excellent direction over the past years of his presidency. Although this will be a big job to follow I am so glad to have his, and the rest of the boards', experience to carry us on though the upcoming year.

My involvement with the Club goes back a long way. Throughout my time I'm honoured to have met and known so many wonderful inspiring naturalists, such as Joan Poulsom. Joan shared her love for nature with all she knew, pointing out flowers along the trail or chirping her enthusiasm in spotting birds. She will be missed!

This year, as all years, looks full of optimism and possibility. Of course this also comes with hard work. I say work – but in actuality it is a pleasure! To start the work off we are making tentative plans for Earth Day, April 22. This year it falls on a Thursday which is our Birding morning and which happens to be our scheduled meeting night. Johanna Saaltink has offered to help us out with plans for a mall display. As I say at this point, plans need to be firmed up but if you wish to help please call me.

With the start of Spring our Field Trips will be underway again. Please check out the planned trips in this issue and please support them! It's a fun way to enjoy Nature and learn more about the exceptional area we live in. Also upcoming is the AMG for BC Nature. This year it will be May 13 to 16 in Kamloops, registration form is in BC Nature. If you remember when we hosted the AGM in 2008 you'll know what fun it is! Please consider going this is a great way to meet new friends, old friends and to see new areas around the province. following weekend is Meadowlark Festival. Again. please support the Festival and help out where, when you can. I'll be taking part in the Big Day Challenge, by bicycle again this year. But we do other more environmentally conscience members, such as Dick Cannings, who will be doing a non-motorized version – biking from home!!!

With this great record breaking weather something tells me I'd best get out for some trial bike rides!!!

Again, thanks to all for supporting and promoting our great club!

Minutes for the Annual General Meeting, Thursday, February 25th, 2010

- 1. The meeting was presided over by Jim Bryan who started out welcoming new members and guests.
- Sightings: Bird nest, possibly Robin, constructed of recycled material, including cigarette package, reported by Deirdre Turnbull; flock of Bluebirds seen by Thursday birdwatchers; singing Shrike reported by Jack Somers; Wood ducks still around near S.S. Sicamous.
- 3. Speaker Anne Murray, co-chair of the conservation committee of B.C. Nature did a short presentation about B. C. Important Bird Areas. Partnerships: B.C. Nature, Bird Studies Canada, and Birdlife International, among others. There are 10,000 IBA sites in 200 countries, of which 600 are in Canada, and 84 in British Columbia. IBA website: www.ibacanada.ca. It has been shown that birdwatching provides economic benefits to countries. Individual birdwatchers can enter observations to e-bird and naturecounts.ca websites.
- 4. SONC members who have served the club and are now stepping down from their various functions were recognized and thanked: Bob Handfield, Donna Finnestad, Christel Brisch, Joyce Hoglund, Lou Poncelet, Glenda Ross. Recognition and thanks were also given to those members staying on in various positions: Dennis St. John, Evalyn Wood, Frank Focken, Jim Bryan, Donna Finnestad, Jim Ginns, Anthea Bryan, Marlene Hikichi, Charmaine Foster, Mits Hikichi, Joyce Hoglund.
- 5. **Election** of officers for 2010 was conducted by Jim Shaver. See inside front cover of this Honker for list of elected officers and coordinators.
- Sign-up sheet was circulated for volunteers for Meadowlark Festival, Earth Day, and Wildlife Week.
- Cards for Joan Poulsom and Bob Gibbard, formerly active members of SONC, were circulated for signing. Both are presently in declining health.
- 8. Treasurer's report with annual overview and

budget for 2010 was presented by Frank Focken. The bank balance as of January 31, 2010, is \$8,907.26. The sale of Birding Trail Maps has created great revenues for the club.

- Doreen Olson announced program on Feb.
 partly sponsored by SONC, about wolves called Lords of Nature.
- 10. Membership report by Donna Finnestad: 38 single members, 28 couples, at present.
- 11. Glenda Ross announced B.C. Nature Annual General meeting to be held May 13 - 16 in Kamloops. Also asked for sponsors for the Baillie Birdathon during the May long weekend.
- 12. John Taylor showed Birds in Summer slides, Gordon Howat showed slides of volcanic sites in Hawaii, and Glenda Ross showed slides of birds and flowers.
- 13. Meeting adjourned at 8:50 p.m. Next meeting to be held on March 25.
- Submitted by acting recording secretary Hettie de Jong

IN MEMORY OF JOAN POULSOM

I regret to report the passing of a Great Lady – Joan Poulsom. One of Joan's loves throughout her 88 years was Nature. She was a strong member in our club. Throughout her years with SONC she was treasurer from 1970 to 1972 and went on to President from 1972 to 1974, serving again as President in 1982/3. From history notes "A newsletter was started in 1975. In 1977 there was a "name the newsletter" contest – Joan Poulsom together with Bonnie Defoe came up with the name "S.O.N.C. Honker". Glenda Ross

A CHAT WITH JOAN POULSOM, SUMMER 2000

(I talked to Joan in the summer of 2000 about her interest in nature. Here is an edited account of her words, with thanks for her long-term involvement in SONC.)

"I got my job as a physiotherapist in Vancouver in the 1960's. Then a job came up in Penticton, and I took it. I just loved the openness of the country! I came up to work in April, 1961. I used to go early to work, especially when I drove down to Osoyoos, and then I could do a little birding on my way. And sometimes I'd go for lunch and do some birding. It was hot, working under Anarchist Mountain, in those little cottages. I remember once when we had a thunderstorm, and there was heat lightning. These days there's irrigation, with more water around, more shade, and more air conditioning. Back then many of the roads around Penticton were gravel.

My interest in nature came with being here. One of my friends, Joan Burbridge, a physio in Kelowna, got me interested in nature. On the May long weekend I went up to the Cariboo with Joan and her husband and another friend and Joan's bullsnake, winding its way around the dashboard. Joan was a very keen birder, and a botanist as well. She published a book of plants of the Okanagan., and I often went along with her and took photographs.

Many of my friends are also interested in nature. One of my friends in Britain is very keen on protecting endangered species, bringing back birds that are under threat. My friends and I went camping all the time. A friend bought an old derelict orchard south of town, and I lived there for about 13 years, trying to fix up the orchard.

I joined the Naturalists Club, and went out and learned. In those days, the Club was just starting. There were trips, and I went out with them and found out more about the area. Steve Cannings called me and asked if I'd be Treasurer. Another time, Steve called us to see the avocets at the lakeshore. We were quite active in those days; everybody was quite a bit younger

Today there are many other organizations that focus on natural history. There is also a lot of professional work, some through the Ministry of Environment. The Conservation Alliance has been trying to get farmers to conserve land. But, we started on that 10 or 15 years ago. We worked for nine years to get Rock Ovens Park protected. They moved it up to some 300 acres under protection.

We're doing quite well on environmental issues. But if city council is pro-development, it is difficult to lobby for conservation. The natives have been active, because when Penticton started building up, the First Nations had all the

land. They've had to become militant; otherwise they'd never get anything. SONC has presented several submissions to the city in support of preserving our Okanagan Lake foreshore like they've done in Salmon Arm to conserve breeding habitat for the western grebe.

What drew me here is the country." Melody Hessing

CONSERVATION COMMITTEE REPORT – MARCH 2010

We have written three letters about conservation issues since our January report. One letter commended the BC Government on its commitment made in the throne speech to protect the Flathead River Valley from coal mining which would compromise ecosystems, water quality, and recreational uses of the Valley. Another letter was written in support of Nature BC and naturalists in the Lower Mainland concerned about the Perimeter Road across Burns Bog because it will reduce habitat for the rare Southern Red-backed vole.

Our third letter was written to acknowledge and support the initiative of Friends of the Oxbows who are trying to protect and enhance natural values in the Oxbows of the Okanagan River through Penticton. Their constitution lists the following goals:

- 1. To support the preservation of the Penticton Okanagan River Oxbows and the wildlife the oxbows support.
- 2. To promote an appreciation of these wildlife areas and the contribution they make to our environment.
- 3. To provide informational meetings and investigate opportunities to increase the awareness of the benefits the oxbows provide.
- 4. To sponsor recreational activities and social events relating to the oxbows.
- 5. To inform the community of ecological concerns.

Friends of the Oxbows would like to have additional members, particularly from SONC. If you might be interested in joining, please contact Jim Bryan for further information.

Margaret Holm applied to have a chair for a representative from SONC to sit on the City of Penticton's Parks and Recreation Advisory

Committee. However, the City decided not to include a SONC member on the committee this year.

The Ministry of Forests is proposing a forest thinning program for limited areas along Arawana Road and Chute Lake Road in Naramata. Jim Turnbull attended a public meeting with Valhalla Consulting Inc., the ecosystem restoration planning consultants managing this project. While the motivation for this project is wildfire control and forest fuel management, the consultants are aware of the substantial wildlife values of these areas, and have planned to minimize the impact, leaving all medium and large diameter trees, and retaining all "wildlife" trees. Indeed if the project is carried out carefully and sensitively, substantial improvement of potential habitat for Elk, and for White Headed Woodpecker, could be achieved.

Your Conservation Committee is always open to new members and new ideas. We were pleased to have Jim Shaver join the committee at our AGM bringing our total membership to five including Jim Turnbull, Gordon Howat, Dennis St. John, and Jim Bryan. Let us know if you learn of anything we should investigate or act upon.

Jim Bryan and Jim Turnbull, Conservation Committee

Enjoying Nature – A Hawaiian Sojurn!

The setting: village of Kaimu on the Big Island of Hawaii, on the south-east coast beside the remnants of Kalapana, a village destroyed by lava flows in the eighties. It is a remote, rural, and very quiet area of the island. We are staying in a small cottage completely surrounded by a plethora of tropical trees, bushes and flowers -- hoya, aloe, dracaena, song of India, hibiscus, banana trees, plumeria, papaya, heliconia, coconut palms, red ginger, noni, ti, Norfolk Island pine, pineapple, orchids, mango, bougainvillea, gold-dust crotons. Every morning we are woken by the cooing of zebra doves and the insistent call of cardinals. Both of these are introduced species, the former from

Australia, the latter from North America. Together with numbers of quieter Japanese White Eye and Nutmeg Mannikins they form a constantly fluttering background to the garden.

Monday February 8 turned out to be an extraordinary day. It started with Sandra having an extended conversation with a Melodious Laughing Thrush, an elusive bird whose identity had been a mystery until a couple of days previously. It represents another introduced species, originally from China, arriving caged like a canary.

Late in the afternoon we hoisted the makings of an authentic Punaluu Sunrise, complete with lilikoi, onto our backs and made our way along a short path through the woods down to the ocean for our evening ritual of sitting on the rocks and watching day give way to night. As the sky was. uncharacteristically, completely clear we went further, following a trail that Chris had made along the beach, off the end of a tongue of pahoehoe lava left by eruptions in the eighties, through a stretch of rounded black beach stones and pebbles, on through a jumble of big blocky broken-off chunks of old lava, to the foot of an aa lava flow laid down in the fifties. Colour! To our right the deep blue of the ocean, giving way to dazzling white surf close to us, around us a jet black array of lava rocks, and on our left a bright green backdrop of coconut palms and milo trees. Not muted colours, those.

The trail went up a steep side of the aa lava flow, about twenty feet up, then to the top of a small mound of rocks, all of this completely barren and providing a panoramic view of the entire sky. From there we watched the Sun drop behind trees in the west, and watched the shadow of the Earth rise out of the ocean in the east. Colours! a fringe of deep purple grading into mauve along the dark grey shadow, in contrast to an amazing pastelle of light greens and yellows spread across the bottom of the sky in the other direction. Three humpback whales went by heading west along the coast, two together fairly close in, blowing, occasionally breaching with an accompanying display of flukes, the third farther out just quietly motoring along. Then complete darkness. No lights in the area at all, except for a sky filled with stars.

Orion high in the south. The Pleiades right overhead, a real neck-cricker. Deep red Mars high in the east beside a noticeable smudge, actually a distant cluster of stars, known as the Beehive. Behind us the Andromeda galaxy, clearly visible. And arching above us right across the sky, north to south, horizon to horizon, the Milky Way, plunging into the ocean through stars we can't see from Canada, the stars of Vela and Carina, featuring brilliant Canopus off to the right. But the real stunner was just the sheer number of stars, filling the sky everywhere we looked.

To the west was an enormous fat pillar of zodiacal light, a large triangle of faint light not unlike the Milky Way in texture and brightness, its broad base spread across the western horizon and its peak half way to the zenith. A light similar to that of the Milky Way but of a completely different origin -- not enormous numbers of stars at unfathomable distances, but sunlight reflected from minute particles of dust that inhabit the space between planets right here in our own solar system.

A series of small, popcorn-shaped clouds made their way slowly along the horizon in the west, moving from right to left. They became visible when they passed in front of the zodiacal light, appearing there as black silhouettes. As each cloud approached the centre line of the zodiacal light it would change to a glowing orange-red colour, reflecting light from molten lava in the volcano below. It could have been light emanating from Halemaumau crater in the Kilauea caldera, or from the vent at Puu Oo a few miles from that, as both have been active recently and both are along that line of sight from where we were watching. By chance, that line of sight also included the centre portions of the zodiacal light. As each cloud moved on it changed back to a black silhouette, then disappeared altogether when it reached the edge of the zodiacal light. Presumably the clouds were passing over, or behind, the volcano, but in one instance a smaller foreground cloud appeared in black silhouette against the light of a larger glowing-red one behind it. Altogether it was quite a parade, and guite an extraordinary sight. Chris and Sandra Purton, February, 2010.

South Okanagan Butterfly Garden

The grand opening of the South Okanagan Butterfly Garden, a joint venture of SONC and the Friends of the Ornamental Garden, is planned for Sunday June 27th at 1:30 pm. The SOBG is located adjacent to the Xeriscape Garden on the grounds of the Pacific Agri-Food Research Centre in Summerland. In addition to the opening of the butterfly garden, FOG representatives will be on hand to lead guided tours of the ornamental gardens. For additional information, contact Tom Lowery at 494-2207, or loweryt@shaw.ca

MEMBERSHIPS!

Membership year runs from Oct 1 to Sept. 30. Membership entitles you to all Club functions, the Honker and the quarterly magazine, B.C.Nature

Please submit your fees at the next meeting or mail to SONC, PO Box 23050, Penticton, BC, V2A 8L7... Want to receive your copy of the HONKER on line? email Bob Handfield: bobnmarg@telus.net

South Okanagan Habitat Garden

Clean-up and Weeding Schedule 2010
Saturday morning at 9 a.m.. Please bring a trowel, pail and friend!
If you can join us your help would be greatly appreciated. Thank you!

March 13, 27 April 10, 24, May 8, 29

June 12, 26, July 10, 24, August 21

September 11, 25

Miscellaneous Counts & Meetings Fish & Game Meeting

Invitation from Steve Matthews, Head, Fish and Wildlife Section of Ministry of Environment, Penticton, to club members to attend a meeting with the Fish and Wildlife Section staff on Wednesday April 7, 2010 from 6:30 pm to 9:30 pm at the Elks Hall in Keremeos. The agenda will include presentations from Fish and Wildlife Section staff on priority initiatives, followed by a discussion period.

May 13-16 BC Nature Conference and AGM, hosted by the Kamloops Naturalist Club at

Thompson Rivers University. Theme: Grasslands, Past, Present and Future.

June 5-6 Okanagan Mtn Park Critter Count, conducted annually by the Central Okanagan Naturalists Club with SONC since 1994.

June 18-20 Manning Park Bird Blitz - A fun weekend of bird watching at Manning Park for expert and novice birders. British Columbia's longest-running non-CBC bird census celebrates its 28th year.



Book Review

SILENCE OF THE SONGBIRDS by Bridget Stutchbury, 2007

An extremely well written and compelling look at our songbirds (and some others) and the perils they face in the 21st century. Not just a compilation of dry statistics but a moving and intimate look into the lives of birds. This book also tells you in simple plain English how you can help save our birds for future generations.

Highly recommended. Bob Handfield

Southeast Arizona Birding



Bob & Maggie Handfield are spending their winter/spring season as volunteers at Sonoita Creek State Natural Area, a unit of Patagonia Lake State Park in southeast Arizona. Bob leads bird trips in the Park and does guided boat tours on the lake. Maggie works in the Visitor Centre helping visitors and does special projects and trail maintenance. They were surprised and pleased in mid-March when they discovered Greg & Terry Tellier (long-time SONC members) camping at the Park. The four enjoyed happy-hours with some other Penticton residents also camped at the Park, a very popular birding spot. Bob says most weeks there are at least a few BC rigs in the campground. Telliers were thrilled to get close-up looks of one of the Park specialities, the Elegant Trogon.

South Okanagan-Similkameen Conservation Program

The following is extracted from our annual report to BC Nature whom we represent on SOSCP SOSCP is a partnership of about 47 organizations, most of which are conservation related. They include government, non-government, and First Nations organizations. The main purpose of SOSCP is to conserve natural ecosystems in the southern Okanagan by coordinating conservation efforts of the 47 partner organizations. SOSCP operates at a Landscape Level as opposed to Species at Risk levels with the intention that this will better maintain the rich biodiversity of the area. SOSCP is organized into six teams: Habitat

Securement, Stewardship, Science, Outreach, Traditional Ecological Knowledge(TEK), andLand Use Management(LUM). Below is a partial list of SOSCP's accomplishments for 2009

- Securement of 3 new properties for conservation during 2009, Total Conservation Land now held by partners is over 54000 ha, although there are still many conservation lands requiring protection,
- Continued a WiTS program for 3 endangered bird species (70 trees),
- •Helped 25 landowners provide breeding sites for the threatened Great Basin Spadefoot and Tiger Salamander,
- •Restored habitat for amphibians, Yellowbreasted Chats and Screech Owls by fencing livestock away from riparian areas (7projects, 56ha),
- •Several research projects on threatened species by graduate students and faculty members of UBCO, and other research projects by CWS,
- •Held public workshops on values of grasslands and wetlands,
- Continued work with municipal government on conservation.
- •Helped with reconnecting a cutoff oxbow to the Okanagan River.
- J. E. Bryan,

SONC SPEAKER LIST

Meet at: Penticton United Church, 696 Main St Speaker at 7:30pm.

Thursday, April 22.

Dr. Alan Burger, Dept. of Biology, University of Victoria, will give a presentation titled **Pursuing the Pacific Enigma: the Biology and Conservation of the Marbled Murrelet. This seabird is listed as Threatened in Canada and the USA.** Alan's presentation will cover the nesting and foraging biology of this unique seabird, with a light-hearted look into the trials, tribulations and successes of doing research in the foggy forests and soggy seas.

Thursday, May 27.

Jim Ginns and travelling companions will present a slide show titled "Panama in the dry season." Five SONC members joined a 2-week nature tour starting February 23. From steaming jungles to cloud forests and mangrove swamps to coffee plantations there were birds, flowering plants, snakes, lizards, caiman, etc.

TREASURER'S REPORT <u>Estimated Budget 2010 (Febr 1/10 – Jan 31/11) and Actual Budget 2009</u>

	Est. Budget 2010	O Act	ual 2009
REVENUE			
Membership Dues	2	2,500.00 2	,411.00
Coffee collections/50/50 rafflesBird Studies Canada		100.00	253.00 82.50
Sales -Bird & Plant List Sales - Birding Trail Maps Sales – "Honker" Advertising Donations: Fund raisers (Ironman, Threegates Farm)			264.00 3,809.00 105.00 464.00 600.00
TOTAL REVENUE		3,735.00	7,998.00
EXPENSES			
Meeting Hall Rent United Church, Speaker Honoraria, 7 x \$25 BC Nature Dues Nature Canada Dues 50.00 Ruth St.John Bursary Science Fair Prize Birding Trails Map, SONC's contribution		1,100.00 . 75.	125.00 1,056.00 00 500.00
BC Nature Representative Expenses			00
Miscellaneous Expenses (including postage & statio 560.00	nary & Honker)	. 790.	00
Donations: TLC			150.00 250.00 25.00 250.00 500.00 300.00
TOTAL EXPENSES	3,790.00	5,437.00	
PROFIT/LOSS			

SPRING-SUMMER FIELD TRIP SCHEDULE 2010

April 11, Sunday: Merritt, Quilchena, Douglas Lake for Spring migratory birds (easy)

Leaders: Joyce Hoglund and Charmaine Foster

Meet at Warren and Atkinson 8 AM

May 2, Sunday: Skaha Protected Area (uphill hike)

Leader: Jack Somers

Meet at Warren and Atkinson at 9 AM

May 16, Sunday Headwaters of Turnbull Creek (up Arawana Road, easy level hiking)

Leader: Mits Hikichi

Meet at Warren and Atkinson at 9 AM

May 13 to 16 BC Nature Spring Conference and AGM

Please read program in BC Nature newsletter.. Registration form in newsletter.

May 30, Sunday: Anarchist, Conkle Lake, Westbridge, Rock Creek (easy)

Leader: Mits Hikichi

Meet Warren and Atkinson at 8 AM

June 13 - 16 : 4 day excursion to Creston and Wildlife Management Area. Motel or RV.

Guided trips available.

Leader: Mits Hikichi -details to be sent out later

Probably meet in Creston on the 13th.

June 27, Sunday: Osprey Lake. An option of going to Greg and Terry's Fishing camp on Saturday, Take bicycles along and bird further along the road to Princeton and staying overnite in their cabins. Meet up with birders who come up on Sunday.

Leader: Mits Hikichi and

Meet at Warren and Atkinson at 9 AM

July 11, Sunday Explore the Ashnola River Valley, (about 4 km level hike.)

Leader- Mits Hikichi -details to be sent out later

Meet at Warren and Atkinson at 9 AM

July 18, Sunday Apex Mtn. Hike (about 5 km uphill and 5 down, moderate

Leader- Mits Hikichi

Meet at Warren and Atkinson at 9 AM

August 8, Sunday Vernon, Kal Park, Otter Lake, etc (easy)

Leader: Mits Hikichi

Meet at Warren and Atkinson at 8 AM

August 22, Sunday Princeton area

Leader: Mits Hikichi - details later. Meet at Warren and Atkinson at 8 AM

Sept 10, 11, 12 New Denver Garlic Festival.

Leader - Elsie Sanderud Meet at Warren and Atkinson at 8 AM

Further field trips may be added as people request.

Please contact trip leaders or Joyce Hoglund (492-0512), hoglundj@telus.net; Charmaine Foster (493-1772) gramfos@shaw.ca; : Mits Hikichi (494-8731) mhikichi@vip.net; for details of trip, relative difficulty, or any further information.

Please pre-register with trip leader well in advance of the departure date to allow planning for transportation, etc. especially for multi-day trips. We will email membership well ahead of planned outings to remind you and also allow you to plan ahead.